



## Being Me, Being Social Movement Play with Babies

A JABADAO Early Years course

### Being Me, Being Social Movement Play with Babies (1 day)

**For:** Early Years practitioners, family workers, child minders and crèche workers

A baby's world is a world of sensation and movement. Movement is an important means through which they greet, question, explore and feel. Through movement they grow and strengthen their bodies - and as they roll, push up, reach and pull they build a felt sense of themselves and their world

This course offers ways to tune in and support babies as they discover the movement play that delights them. Discussion about what babies need and why, practical ideas for family groups and one-to-one work

**Cost** £80 per person £150 for two people payable in advance  
Includes light buffet lunch and refreshments throughout the day

**Leeds** 7 July 2009 with Maya Cockburn  
**Plymouth** 15 July 2009 with Maya Cockburn

**To book a place contact Pat Pickavance**  
tel 0113 236 3318 email [pat@jabadao.org](mailto:pat@jabadao.org)

**To discuss hosting the Being Me, Being Social course for people in your area contact**  
**Linda Neary**  
tel 0113 236 3344 email [linda@jabadao.org](mailto:linda@jabadao.org)

